



2026 WRC-ALCA Conference Registration Brochure

Pre-Sessions & Opening Reception: Wednesday, September 30, 2026

Exhibits & Conference: Thursday, October 1 – Friday, October 2, 2026

Registration Deadline: August 30, 2026

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LEGACY
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Registration Information

ALCA Early Bird Registration fees start at \$575 for Members/\$675 for Non-Members. Student and One-Day Registrations for Friday are available. Presenters (SPEAKER20) and Conference Committee (DISCOUNT20) members receive a 20% Discount. Pre-Conference Registrations Fees are \$75. The Early Bird Registration Deadline is **Friday August 21, 2026**.

The conference registration rate includes a light reception, two deluxe continental breakfasts, one luncheon, all refreshment breaks, all conference activities and materials, complimentary Wi-Fi in the meeting space, all CEU Certificates, online access to conference presentations and much more through our conference app. Individual meal tickets are available for conference guests for an additional fee.

Student rates and scholarships are also available. If you are a member who is unable to attend the conference due to financial reasons, you may qualify for a scholarship. Please contact Pam Carlson at pam@carlsongroupmgt.com

Continuing Education Information

The 2026 WRC-ALCA Annual Conference is pending approval between 9-11 total credit hours including pre-session from the **National Academy of Certified Care Managers (CMC); California Licensed Professional Fiduciaries (CLPF); the Commission for Case Manager Certification (CCM); from the National Association of Social Work (NASW) and California Board of Registered Nursing (CABRN)**. Please indicate on your registration form which CE certificate(s) you require in addition to your license numbers. Each certificate requested will be included in your registration packet upon check-in.

Location/Travel Information

Caesar's Republic South Lake Tahoe

15 Highway US 50 Stateline, NV 89449 |

1.775.588.6611

<https://book.passkey.com/go/S09ALC6>

The Caesar's Republic South Lake Tahoe located at 15 Highway US 50 at Stateline NV 89449 is now accepting hotel reservations for the Western Region Chapter Conference. Through this website you can book, modify or cancel your hotel reservations at any time and receive updated information about the event.

WRC-ALCA Group Room Rates of \$89.00

(Passcode: S09ALC6)

September 25 – October 5, 2026 (*with the exception of Friday 10/2**)

WRC-ALCA Group Room Rates of \$89.00 (or \$115.95 including a daily resort fee) per room per night, plus the current occupancy room tax are available for WRC-ALCA conference attendees and vendors from September 25 – October 5, 2026 (with the exception of Friday 10/2*). Please check rate detail breakdown on reservation for more information.

Note: Reservations are on a first-come first-served basis and group rates cannot be guaranteed after August 14, 2026. Please be aware of third-party booking links and scams and only use the hotel link or passcode provided. Booking rooms in the block assists the Association in meeting the contractual minimum commitment to the hotel, keeping the conference fees reasonable for you. Rooms booked outside the block may not be subject to other booking perks.

Harrah's Lake Tahoe offers a full-service spa and 24 hour access to fitness center and Caesars Republic offers modern, co-ed fitness facilities with stunning mountain views. Fully stocked gym features treadmills, stationary bikes and universal free weight equipment. As a hotel guest you will also enjoy access to sauna, steam and whirlpool facilities. The daily resort fee also includes complimentary Wi-Fi for up to 2 devices per room, per day.

Airport, Transportation & Parking Information

Reno Tahoe International Airport is located 55 miles from the hotel. Driving time is about 1 hour 15 minutes. For information regarding airlines, please refer to <https://www.renoairport.com/> or your individual airline carrier.

South Tahoe Airporter provides guest with luxury motorcoach service to and from the Reno/Tahoe Airport. Motorcoaches run ~every 2 hours for ~\$30++ per person each way.

WRC-ALCA has negotiated **complimentary** self-parking for all attendees who book reservations under the group block/over contracted dates. Valet parking is available for all hotel guests for a fee. Visit <https://www.caesars.com/parking> for rates and details.

Visit Lake Tahoe

Discover the Awe of Lake Tahoe in Fall <https://visitlaketahoe.com/things-to-do/fall/#>
Breathe the crisp air in deeply. Listen to the gentle rustling of leaves. Let your eyes wander to the golden aspen paths winding up the mountainsides and glassy water. You'll be in in autumnal paradise when you join us for the conference in Lake Tahoe next Fall

Around the Lake Tahoe basin, a peaceful stillness falls along with the leaves as Mother Nature takes a breath between summer and winter. Her paintbrush dips into vibrant shades of vermilion, gold and orange, creating great swaths of color along the Sierra as the supple aspens, grand cottonwoods and delicate willows respond to the temperature changes. Plan your visit now for you or the whole family at visitlaketahoe.com

Conference hosts have put together a **South Lake Tahoe Adventure Guide**, complete with The Best Eats, Popular Pours, Must-Do Experiences and Day Trip ideas. [CLICK HERE](#) to download now.



Schedule at a Glance

All conference events with the exception of the Opening Reception will take place in the Emerald Ballroom in the Special Events Conference Center on the 12th floor at Caesar's Republic South Lake Tahoe.

Tuesday, September 29, 2026

8:00 am – 5:00 pm

WRC-ALCA Chapter Board of Directors Retreat

Wednesday, September 30, 2026

8:00 am – 5:00 pm Pre-Conference Intensives

1:00 pm – 5:00 pm Exhibitor Move-in/Set-Up

5:00 pm – 5:30 pm First Timer's Reception

5:30 pm – 7:00 pm Opening Reception

Thursday, October 1, 2026

8:00 am – 9:00 pm Continental Breakfast

9:00 – 11:30 am General Sessions

10:00 – 10:30 am Coffee Break

11:30 am – 1:00 pm Awards Luncheon

1:00 – 5:00 pm Breakout Sessions

2:00 & 3:30 pm Afternoon Breaks

Evening Dine-Arounds

Friday, October 2, 2026

8:00 am – 9:00 pm Continental Breakfast

9:00 – 12:30 pm General Sessions

10:00 & 11:15 am Coffee Break

11:15 – 12:30 pm Exhibit Hall Tear Down

9:00 am – Registration Desk Open

10:00 am – 12:00 pm | Pre-Session From Skeptic to Strategist: A Field Guide to AI for Aging Life Care Professionals®

Separate Registration/Payment Required

Artificial Intelligence is no longer a future concern for Aging Life Care Professionals. It is already reshaping how clients are assessed, how care is coordinated, how practices operate, and how families make decisions. The question is no longer whether AI will affect your work. It is whether you will be equipped to evaluate it, use it wisely, and advocate for your clients when it falls short.

This two-hour pre-conference intensive brings together four practitioners and innovators at the forefront of AI and aging care to give Aging Life Care Professionals an honest, practical, and human-centered field guide to what is happening right now, and what is coming next.

Attendees will hear from a senior living and home care veteran who has watched AgeTech evolve over 15 years and now helps care professionals navigate it with clarity and ethics; an eldercare technology practitioner whose skeptic-friendly approach to AI has helped Aging Life Care Managers save time, improve documentation, and stay HIPAA-compliant; and a technology innovator who helped build breakthroughs at Google X and Amazon before dedicating his work to a question that hits close to home for every professional in this room. What happens when the clinical evidence for better cognitive care exists, but access has always been the barrier, and AI removes that barrier?

Attendees will leave with a clear framework for evaluating any AI tool, concrete time-saving applications they can implement immediately, a grounded understanding of the ethical risks that warrant real vigilance, and a vivid example of how AI is already delivering on its promise for clients living with cognitive decline.

This is **not** a technology sales session. It is a professional development conversation for Aging Life Care Professionals who want to lead, not follow, as the landscape changes around them.

Daniel Kelly Co-Founder & Chief Innovation Officer, NewDays | Seattle, WA.

Rachel Lanham, Moderator Head of Marketing, NewDays | Seattle, WA

Ki Siadatan, CEO and Co-Founder of Kairahn Co-Founder, Brain Meets Bytes | Roseville, CA

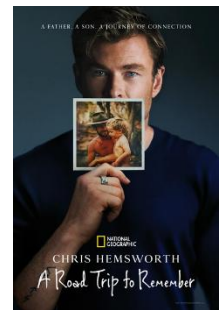
Lunch Break – On Your Own

2:00 – 4:00 pm | Documentary Screening & Discussion - **Chris Hemsworth:** A Road Trip to Remember

Separate Registration/Payment Required

In this intimate and uplifting documentary, Chris Hemsworth turns the spotlight away from himself and toward his father, Craig, who was recently diagnosed with Alzheimer's.

Determined to help, Chris designs a therapeutic “road trip back in time,” revisiting key places from their past to explore the powerful science of social connection — a crucial but overlooked tool in protecting brain health. Along the way, Chris uncovers surprising research showing that connection isn't just good for the soul; it can also reduce the risk of dementia, slow cognitive decline, and even prolong life. This emotional journey across Australia becomes a chance for Chris and Craig to deepen their bond, relive memories, and discover how love, community and nostalgia can be potent medicine. Join us for a private screening and facilitated discussion about the film's impact on Aging Life Care Professionals and their clients.



5:00 – 5:30 pm
First Timers Reception

5:30 – 7:00 pm
Opening Welcome Reception

Thursday, October 1, 2026

7:00 am – Registration Desk Open

7:30 am – 8:30 am

Continental Breakfast with Exhibitors

Sponsored by



8:45 am – 9:00 am

Welcome/Opening Remarks

9:00 am – 10:00am

General Session

Sponsored by



**Why a Sense of Humor Belongs in the
Aging Life Care™ Management**

Aging Life Care Professionals are experts in caring for others—but who supports them? This session reframes laughter as an essential wellness tool for those navigating constant complexity and emotional weight. With relatable insights and unexpected levity, participants experience how laughter releases tension, strengthens resilience, and restores perspective. The result: less stress, renewed energy, and a powerful reminder that caring well includes caring for yourself.

Jenny Locklin, Chandler AZ

10:00 am – 10.30 am

Morning Break- In Exhibit Hall

Sponsored by



10:30 am – 11:45 am

General Session

Sponsored by



**Lewy Body Dementia Matters: Reducing
Stigma Through Understanding and Shared
Humanity**

Aging Life Care Managers play a vital role in shaping how individuals and families experience a dementia diagnosis. This session offers a compassionate, practical look at Lewy body Dementia (LBD)—a condition often misunderstood and deeply impactful for clients and care partners. We'll explore stigma, key features of LBD, and ways to support clients with dignity and empathy. Participants will gain tools to build trust, strengthen communication, and advocate for inclusive, person-centered care grounded in shared humanity.

Brandi Hackett, LCSW, C-ASWCM

Director of Support Services

Lewy Body Dementia Association

Lilburn GA

11:45 am – 1:00 pm

WRC Business Meeting/Awards Luncheon

Sponsored by



1:00 pm - 2:15 pm

Concurrent Breakout Sessions

**Active Aging: Enabling Movement as Medicine
to Support Better Health**

Active aging is a person-centered approach that supports older adults with remaining physically active, mentally engaged, socially connected, and emotionally fulfilled. Evidence-based resources to increase physical activity and reduce fall risk in older adults is an important need. This session explores what active aging truly means in practical manner and how Aging Life Care Professionals can support and guide older adults, as well as their families and caregivers, with meaningful ability-based engagement.

Pete Fronte, Founder & CEO

Altura

Mission Viejo CA

Steven Castle, MD

Clinical Professor of Geriatric Medicine &

Clinical Director of Geriatrics

UCLA & VA Greater Los Angeles, CA

Dispelling the “Cornfusion” - Corn Hole Ethics to Sharpen your Knowledge of the ALCA Code of Ethics and Standards of Practice

Aging Life Care Managers who understand and abide by ALCA Standards of Practice and Ethics can easily take on “cornfusing” and complex challenges as champions. This interactive presentation will help ALCMs to better understand and apply ALCA Standards of Practice and Ethical Principles to their practice. Whether you favor a Drano, an Ace, a Cowpie, or a Dirt Bag, you are welcome and belong in this creative session of team learning and fun to improve your knowledge of ALCA Standards of Practice and Ethics.

Rebecca C Montano, Ph.D., MBA, CRC, CCM, CMC, CDP, CMDCP, President, CEO

*Aging Focused
La Jolla CA*

Jessica Howard, MSG, CMC, CDP, CADDPT
Poppy Cares

2:00 pm – 2:30pm
Afternoon Dessert Break in Exhibit Hall

Sponsored by



2:30 pm - 3:45 pm
Concurrent Breakout Sessions

Safeguarding Long-Term Care Benefits: Why Claim Advocacy Matters

Families purchase long-term care insurance to address anticipated care needs and financial risk associated with chronic illness or functional impairment. However, the claims process is often complex and administratively demanding at the point of care. This presentation examines the role of long-term care claim advocates in supporting compliance with policy requirements, safeguarding policyholder rights, and facilitating the appropriate administration of benefits consistent with contractual provisions.

Linda Jahnke, Owner
*Jahnke Consulting Inc.
Ramona CA*

The Risks and Rewards of Rehab After a Traumatic Brain Injury

According to the CDC, the leading cause of TBI in the elderly is falls. Coordinated, multidisciplinary rehabilitation, which can include physical, occupational, and speech therapy as well as psychiatric care and social support, is an important part of recovery after a traumatic brain injury. During this session, Dr. Stephenson will discuss the importance and goals of TBI rehab, the risks of rehab after traumatic brain injury, and how you can prepare your clients before, during, and after rehab to ensure they get the right care.

Topher Stephenson, MD

*Rincon Physical Medicine & Rehabilitation
Sacramento CA*

3:45 pm - 4:00 pm
Afternoon Break/Visit with Exhibitors

Sponsored by



4:00 pm - 5:15 pm
Concurrent Breakout Sessions

Good Intentions, Competing Voices: Client Centered Care Among Family Conflict Families

Aging Life Care Managers are hired to support aging adults, yet this is often complicated by family dynamics, resistance and competing perspectives. This presentation clarifies the factors driving conflict and explores practical intervention options suited to different family situations, helping Aging Life Care Managers remain client centered while guiding families toward effective, ethical care.

Bunni Dybnis, MA, MFT, CMC, President
*Aging Life Matters
Los Angeles CA*



Turning Competition into Community: Collaborating with Fellow Aging Life Care Managers® to Improve Your Own Practice

We often view fellow Aging Life Care Managers as our competition, and it can feel intimidating or even counterintuitive to build relationships with them. However, there are many benefits to fostering community and collaboration. In this session, we will learn about various areas of expertise within Aging Life Care management, how to assess our individual skill sets and areas of growth, and how to identify ways to learn from fellow colleagues and share our own expertise.

April Ceballos, CMC

Roseville, CA

Jennifer Crowley, BSN, RN, CADDCT, CDP

Whitefish, MT

Jennifer Dawson, MS

Los Angeles, CA

Angela Dickson, MSW, CMC

Palo Alto, CA

Evening On Own / Dine Arounds

Friday, October 2, 2026

7:30 am – Registration Desk Open

8:00 am – 9:00 am

Continental Breakfast with Exhibitors

9:00 am - 10:00am

General Session

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Aegis Living

Assisted Living | Memory Care

Diving into Dementia: Understanding Subtypes, Risks and End-of Life Care Across Populations

During this session we will delve into the intricacies of dementia from diagnosis, to differentials to end of life care. We will answer questions such as: "what is it, Alzheimer's or vascular dementia, and how do we know?" "Is it depression, or apathy in dementia?" "How do we guide families into understanding treatment options--both disease

modifying and medications that are often used for behaviors. Lastly, we will talk about the expected trajectory for people living with dementia including understanding what families of different cultures and ethnicities hope for their loved ones, especially as they near the end of life.

Carla Perissinotto, M.D., M.H.S.

*Professor of Medicine, Get Aging and UCSF
San Francisco CA*

Krista Harrison, PhD

*UCSF Associate Professor
San Francisco CA*

10:00 am – 10:15 am

Morning Break- In Exhibit Hall

10:15 am – 11:15 am

General Session

Parkinson's Disease: An Overview of Possible Causes and Current Research

Join us for a deep dive into Parkinson's Disease to explore the underlying pathophysiology of dopamine depletion, identify the newest theories regarding environmental and genetic causes, and examine the latest cutting-edge research aimed at slowing disease progression and improving patient quality of life.

Neal Hermanowicz, MD, Neurologist

*Hoag Medical Group
Newport Beach CA*

11:15 am – 11:30 am

Break

Exhibitor Passport Drawings

11:30 am – 12:30 pm

General Session

The Intersection of the Private Professional Fiduciary and Aging Life Care™ Management Team

This session will provide a deeper understanding of the symbiotic relationship between the private

professional fiduciary and the Aging Life Care Manager. Through working together, we provide clients and their families with support in all areas of life taking the whole person into account. This includes all aspects of a person's needs such as financial management and education, navigation of state and federal benefits, estate planning support serving as trustee and conservator, support of social, psychological and medical needs. As a team, the fiduciary and Aging Life Care Manager can impact all areas of need. Families, especially those that are dealing with difficult life issues, need full service, wrap around care and coordination of that care. Together, we are a resource for life planning that results in maximum quality of life for our clients. There is often a misconception of how the private professional fiduciary fits into the Aging Life Care management team but working together we are vital to a client's health and welfare.

Meredith Taylor, MFT, CLPF, Owner
Private Professional Fiduciary
Marriage and Family Therapist
IMT Associates
Hayward CA

Conference Concludes

2026 Conference Committee

CONFERENCE CO-CHAIRS

Gail A. Arno, BS
Jill L. Melvin, LCSW, CMC

COMMITTEE MEMBERS

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Blanca Nazareth, MSW, LCSW
Janai Quintana, MSW, CMC
Chris Rose-Franks, MPA, CMC

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Rebecca Montano,
PhD,CRC,CMC,CCM,CDP
Aging Focused, LLC | La Jolla, CA

Blanca Nazareth, MSW, LCSW
Age Well South Bay, LLC | Torrance, CA

WRC-ALCA 2026 Conference Registration Form

September 30–October 2, 2026 | South Lake Tahoe, NV/Registration Form



	Postmarked / Emailed On or Before 8/21	Postmarked / Emailed 8/21 or After	
☐ Member / Partner	\$575	\$700	
☐ Non-Member	\$675	\$800	
☐ Student	\$300	\$400	Student registrations by mail only. Please include proof of current enrollment.
☐ One-Day	\$350	\$350	Select One: ☐ Thursday ☐ Friday
☐ Discount	-\$115	-\$115	Select One: ☐ Committee Member ☐ Speaker ☐ Other Code: _____

Add-Ons

Pre-Conference – Sept 30 (select one, all or none)

- ☐ \$75 AM – A Field Guide to AI for Aging Life Care Professionals– Wed 9/30/2026 10:00 am – 12:00 pm
- ☐ \$50 PM – Documentary Screening & Discussion: A Road Trip to Remember – Wed 9/30/2026 2:00 pm – 4:00 pm

Certificates Needed (select all that apply)

- ☐ Care Manager Certified (CMC) ☐ Certified Case Manager (CCM) ☐ Registered Nurse (CaBRN)* ☐ Social Worker (LCSW)*
- *License / Credential #: _____

Guest Meal Tickets

___ Opening Reception @\$60/ea ___ Cont Breakfast Thur @\$40/ea ___ Lunch Thurs @\$60/ea ___ Cont Breakfast Fri @\$40/ea

Total Enclosed / Authorized to Charge: \$ _____ Add all selected amounts above.

Questions

Dietary Restrictions: ☐ Yes ☐ No If yes, ☐ Vegetarian ☐ Vegan ☐ Gluten Free ☐ Dairy Free ☐ Other: _____

ADA Requirements: ☐ Yes ☐ No If yes, please provide details _____

First-Time WRC-ALCA Conference Attendee: ☐ Yes ☐ No New Member (joined since September 2025): ☐ Yes ☐ No

If you answered Yes to either or both of the questions above, would you like to be assigned a “conference buddy?” A “conference buddy” is a seasoned professional / member who will introduce you to others, familiarize you with the conf / org and answer any questions you have. ☐ Yes ☐ No

Attendee Information

Full Name: _____ Badge First Name: _____

Company: _____

Street Address: _____ City: _____ State: _____ Zip: _____

Cell Number: _____ Email Address: _____

Payment (check one)

☐ Check OR ☐ Credit Card – ☐ VISA ☐ MasterCard ☐ American Express **OR register by credit card online at aginglifecare.org/events

Card Number: _____ Expiration Date: _____ Security Code: _____

Name on Card: _____ Cardholder Signature: _____

Cancellation/Refund Policy: No refunds will be issued after September 15, 2026. Cancellations prior to that date will receive a refund minus a \$75 administration fee. Substitutions are welcome. Changes or cancellations must be made in writing to aschachter@aginglifecare.org.

Payments: If paying by check, please make payable to WRC-ALCA and mail with the completed form to: WRC-ALCA 2026 Conference Registration, 3275 W Ina Road, Suite 130, Tucson, AZ 85741. To register online you must pay by credit card.

Be sure to keep a copy of this form for your records. Return form via mail, email or fax to:

WRC-ALCA 2026 Conference, 3275 W. Ina Rd., Suite 130, Tucson, AZ 85741 | Email: aschachter@aginglifecare.org | Fax: (520) 325-7925